

CHEER SOLOS & DUET-TRIOS

ALL-STAR

| DIVISION | AGE | # MEMBERS | # MALES | TIME LIMITS | LEVEL/CATEGORY | DESCRIPTION | |
|------------------------|--------------------|-----------|-------------|-------------|----------------|---|--|
| CHEER SOLO | | | | | | | |
| TINY | 6 years & younger | 1 | Female/Male | 1:30 | Up to Level 1 | Must follow CHEER Rules and Level restrictions as outlined for team divisions | |
| MINI | 8 years & younger | 1 | Female/Male | | Up to Level 2 | | |
| YOUTH | 11 years & younger | 1 | Female/Male | | Up to Level 5R | | |
| JUNIOR | 14 years & younger | 1 | Female/Male | | Up to Level 5 | | Dance, tumbling and cheer routine May be choreographed to all music |
| SENIOR | 10-18 years old | 1 | Female/Male | | Up to Level 5 | | |
| OPEN ALL-GIRL | 17 years & Over | 1 | Female ONLY | | Up to Level 6 | | |
| OPEN MALE | 17 years & Over | 1 | Male ONLY | | Up to Level 6 | | |
| CHEER DUET-TRIO | | | | | | | |
| TINY | 6 years & younger | 2-3 | Female/Male | 1:30 | Up to Level 1 | Must follow CHEER Rules and Level restrictions as outlined for team divisions | |
| MINI | 8 years & younger | 2-3 | Female/Male | | Up to Level 2 | | |
| YOUTH | 11 years & younger | 2-3 | Female/Male | | Up to Level 5R | | |
| JUNIOR | 14 years & younger | 2-3 | Female/Male | | Up to Level 5 | | Dance, tumbling and cheer routine May be choreographed to all music |
| SENIOR | 10-18 years old | 2-3 | Female/Male | | Up to Level 5 | | |
| OPEN COMBINED | 17 years & Over | 2-3 | Female/Male | | Up to Level 6 | | |

RECREATION

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|------------------------|--------------------|-----|-------------|------|---------------|---|--|
| CHEER SOLO | | | | | | | |
| TINY REC | 6 years & younger | 1 | Female/Male | 1:30 | Up to Level 1 | Must follow CHEER Rules and Level restrictions as outlined for team divisions | |
| MINI REC | 8 years & younger | 1 | Female/Male | | Up to Level 2 | | |
| PEE WEE REC | 10 years & younger | 1 | Female/Male | | Up to Level 3 | | |
| YOUTH REC | 12 years & younger | 1 | Female/Male | | Up to Level 3 | | Dance, tumbling and cheer routine May be choreographed to all music |
| JUNIOR REC | 14 years & younger | 1 | Female/Male | | Up to Level 4 | | |
| SENIOR REC | 18 years & younger | 1 | Female/Male | | Up to Level 4 | | |
| CHEER DUET-TRIO | | | | | | | |
| TINY REC | 6 years & younger | 2-3 | Female/Male | 1:30 | Up to Level 1 | Must follow CHEER Rules and Level restrictions as outlined for team divisions | |
| MINI REC | 8 years & younger | 2-3 | Female/Male | | Up to Level 2 | | |
| PEE WEE REC | 10 years & younger | 2-3 | Female/Male | | Up to Level 3 | | |
| YOUTH REC | 12 years & younger | 2-3 | Female/Male | | Up to Level 3 | | Dance, tumbling and cheer routine May be choreographed to all music |
| JUNIOR REC | 14 years & younger | 2-3 | Female/Male | | Up to Level 4 | | |
| SENIOR REC | 18 years & younger | 2-3 | Female/Male | | Up to Level 4 | | |

SCHOOL

| | | | | | | |
|------------------------|-------------------|-----|-------------|------|----------------|---|
| CHEER SOLO | | | | | | |
| ELEMENTARY | 6th grade & under | 1 | Female/Male | 1:30 | Up to Advanced | Must follow CHEER Rules and Level restrictions as outlined for team divisions |
| JUNIOR HIGH | 9th grade & under | 1 | Female/Male | | Up to Advanced | |
| VARSITY ALL-GIRL | 9th-12th grade | 1 | Female ONLY | | Up to Advanced | |
| VARSITY MALE | 9th-12th grade | 1 | Male ONLY | | Up to Advanced | |
| CHEER DUET-TRIO | | | | | | |
| ELEMENTARY | 6th grade & under | 2-3 | Female/Male | 1:30 | Up to Advanced | Must follow CHEER Rules and Level restrictions as outlined for team divisions |
| JUNIOR HIGH | 9th grade & under | 2-3 | Female/Male | | Up to Advanced | |
| VARSITY COMBINED | 9th-12th grade | 2-3 | Female/Male | | Up to Advanced | |

COLLEGIATE

| | | | | | | |
|--|--------------------|-----|-------------|------|-------------|---|
| CHEER SOLO | | | | | | |
| COLLEGIATE ALL-GIRL | College Enrollment | 1 | Female ONLY | 1:30 | Up to Elite | Must follow CHEER Rules and Level restrictions as outlined for team divisions |
| COLLEGIATE MALE | College Enrollment | 1 | Male ONLY | | Up to Elite | |
| CHEER DUET-TRIO | | | | | | |
| COLLEGIATE COMBINED | College Enrollment | 2-3 | Female/Male | 1:30 | Up to Elite | Must follow CHEER Rules and Level restrictions as outlined for team divisions |
| Dance, tumbling and cheer routine May be choreographed to all music | | | | | | |