

BUILDING SKILLS	TOTAL	DIFFICULTY	TECHNIQUE	CREATIVITY
STUNTS	15.0	5.0	5.0	5.0
PYRAMIDS	15.0	5.0	5.0	5.0

TUMBLING SKILLS	TOTAL	DIFFICULTY	TECHNIQUE
STANDING TUMBLING	10.0	5.0	5.0
RUNNING TUMBLING	10.0	5.0	5.0
JUMPS	10.0	5.0	5.0

OVERALL ROUTINE	TOTAL	DIFFICULTY	TECHNIQUE
TOSSES	10.0	5.0	5.0
DANCE	5.0	4.5	0.5
ROUTINE COMPOSITION	10.0	10.0	
PERFORMANCE	10.0	10.0	

<b>TOTAL</b> (Advanced JV & Varsity teams)	95.0
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<b>TOTAL</b> (Advanced Jr High, Middle School, and Elementary teams)	85.0
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*Jr High, Middle School, and Elementary School teams are not allowed to toss.*

<b>TOTAL</b> (Intermediate JV & Varsity teams)	90
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*Stunt, Pyramid, Standing & Running Tumbling difficulty for Intermediate teams is limited to a 4.0.*

<b>TOTAL</b> (Intermediate Jr High, Middle School, and Elementary teams)	80
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*Jr High, Middle School, and Elementary School teams are not allowed to toss. They are also limited to receiving a 4.0 for stunt, pyramid, standing and running tumbling difficulty.*