

RECREATION DANCE				
Division	Age	Gender	Members	Min. - Max. Time Limit
Senior	18 years & younger	Female/Male	4+ members	1:45 - 2:15 total routine
Junior	14 years & younger	Female/Male	4+ members	1:45 - 2:15 total routine
Youth	12 years & younger	Female/Male	4+ members	1:45 - 2:15 total routine
Pee Wee	10 years & younger	Female/Male	4+ members	1:45 - 2:15 total routine
Mini	8 years & younger	Female/Male	4+ members	1:45 - 2:15 total routine
Tiny	6 years & younger	Female/Male	4+ members	1:45 - 2:15 total routine

SPECIAL DIVISIONS				
Exhibition	All Ages	Female/Male	Unlimited members	1:45 - 2:15 total routine
DanceAbilities Exhibition	All Ages	Female/Male	Unlimited members	1:45 - 2:15 total routine

*Epic Brands reserves the right to split, combine or open divisions at any time leading up to each event, as deemed appropriate.  
Please refer to Epic Rules and Scoring for additional division information.*

In order to compete in a Rec Dance Division, your team must fall into the definition of Rec Dance as defined as any form of competitive dance that does not represent a School or an All-Star program. Teams can be affiliated with (but are not limited to) Pop Warner Associations, Youth Cheer Associations, City/County Parks and Recreation Departments, YMCA's, Boys and Girls Clubs, or any other community program that is not School or All-Star related. Teams must submit a Rec verification form allowing Varsity to confirm rec affiliation and approval of participation.

Team must provide a roster with birthdate. Roster must be updated for each event and provided at check in for event. Team must readily produce roster and copies of each athlete's birth certificates at each event. Team members must fulfill the age requirement for the division that they are entering on/before August 31, 2018.

Organization is completely independent from All Star. All Star organizations are not permitted to register a Recreation team in competition. A recreation team may not have any All Star athletes on its team.

To compete in competition, all team members are required to fill out a medical form/waiver. Teams must also agree to adhere to all event producer rules and regulations, as well as music guidelines.